

# SEI PENTATHLON 2025

## Phase 1 (3 - 6 Nov, West Bengal)

trekking



5 Nov 2025

rafting



6 Nov 2025

- Sandakphu to Meghma
- 23 kms
- 1 day

- Rangpo to Teesta Baazar
- 30 kms
- 1 days

## Phase 2 (8 – 17 Nov, West Bengal)

kayaking



8 – 10 Nov 2025

rowing



————— 11 – 17 Nov 2025 —————

sailing



- Farakka to Berhampur
- 120 kms
- 3 days

- Berhampur to Kolkata
- 330 kms
- 7 days

**We are inviting participation of 5-6 teams with 8 members each from across India**