



SEI PENTATHLON 2025

<https://www.seiindia.org/index.php/pentathlon/Pentathlon-Overview>

3 - 16 November 2025

trekking



rafting



kayaking



rowing



sailing



Sandakphu to Meghma

- 23 kms
- 1 day

Rangpo to Teesta Baazar

- 30 kms
- 1 day

Farakka to Berhampur

- ~120 kms
- 3 days

Berhampur to Kolkata

- ~330 kms
- 6 days

5 teams with 8 members each



OUR ROUTE FOR PENTATHLON 2025

The concluding part of the schedule is subject to minor changes in view of timings of river tides

Trekking



Sandakphu to Meghma
1 day, ~23 kms

White Water Rafting



Rangpo to Teesta Bazaar
1 day, ~30 kms

Kayaking



Farakka to Berhampur
3 days, ~120 kms

Rowing,



Sailing



Berhampur to Kolkata
6 days, ~330 kms

5 days (3 - 7 November)

9 days (8 - 16 November)

Days 4-5

Day 6

Day 7

Day 8

Day 9

Day 10

Day 11

Day 12

Day 13

Day 14

Day 2

Day 1

Day 3